Te Hanga Whaioranga MōTe Iwi - Building Healthy Communities

15 May 2019

Gloria Fraser fyi-requests-10088-44587616@requests.fyi.org.nz

Dear Gloria

Official Information Act request

Thank you for your request for information dated 12 April 2019 for gender affirming healthcare services:

Please see below, we have enclosed all the information which is covered by your request.

Question 1

Could you please advise whether the following gender-affirming healthcare services are funded by the Waikato District Health Board for transgender patients, and whether the services are currently available?

Response:

Treatment	Availability
Puberty blockers	Yes, Funded and available
Hormone therapy	Yes, Funded and available
Mastectomy	Not Funded and not available
Hysterectomy	Yes, Funded and available
Orchidectomy	Yes, Funded and available
Facial hair removal	Not Funded and not available
Breast augmentation	Not Funded and not available
Voice training	Yes, Funded and available
Facial feminization surgery	Not Funded and not available

Question 2

Are transgender healthcare providers under the Waikato District Health Board encouraged to follow Oliphant et al's (2018) Guidelines for gender affirming healthcare for gender diverse and transgender children, young people and adults in Aotearoa New Zealand?

Response: Yes

Question 3

Is a readiness assessment required to access gender-affirming healthcare services?

Response: Yes

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Question 4

If a readiness assessment is required to access gender-affirming healthcare services, who carries out this assessment? Is this assessment funded by the Waikato District Health Board? Does the assessment use an informed consent model?

Response: Sexual health clinicians carry out a readiness assessment as part of informed consent model. This is done in conjunction with the consult liaison Psychiatry service for those who would benefit from additional mental health support.

Question 5

What steps is the Waikato District Health Board taking to improve healthcare provision for transgender New Zealanders?

Response: A DHB working group including community representation has met to consider gaps and develop a local pathway.

Yours sincerely

Tanya Maloney

Executive Director, Strategy, Funding and Public Health