

## **For your health and safety and the health and safety of the child, follow this procedure when changing nappies**

For children participating in the cloth nappy trial, use a cloth nappy/training pants for their 2nd and 3rd nappy change. (The nappy change before they go home is back into a disposable nappy)

Always sure your hands are clean and dry before and after nappy change, gloves are recommended.

### **CHANGING PROCEDURE:**

Sanitise the changing area before and after every child has been changed.

Changing areas will have a lidded bucket to place soiled nappies in.

Cloth nappies are prepared for washing before going in the bucket:

- Velcro tabs closed
- Inserts pulled out
- Liner removed (if used)
- Faeces flushed and nappy rinsed (if necessary)

All faeces that can be flushed needs to be flushed.

Soiled cloth nappies are to be rinsed and prepared for washing after the nappy routine has been completed (this is to ensure respectful completion of the nappy change routine).

If liners are used, they are to pulled out and placed straight into the black nappy bin (or lidded bucket if they are re-usable).

Remove and dispose of gloves carefully in the nappy bin.

Wash your hands and supervise the child's hand washing after nappy change.

### **WASHING PROCEDURE:**

Prepare the nappies for wash using a HOT, DELICATE cycle (Velcro tabs closed, soiled nappy rinsed, inserts pulled out). Hot wash must run to 60 degrees to meet Ministry of Health standards for ECEs.

Add 1 scoop of Sensitive laundry powder straight into the machine (on nappies)

1 cap of Dettol/Canesten in the fabric softener dispenser

Hang to dry on drying racks, in direct sunlight where possible to naturally bleach the nappies. Dryer may be used on cool setting only when hanging isn't possible.

Once dry, stuff, fold and place in designated areas.

***If any child is found to have diarrhoea or vomiting, or in the event of a gastroenteritis outbreak, disposable nappies should be used for all children until the risk of infection has passed.***