

Nappy Changing Safe Practices

For your health and safety and the health and safety of the child follow this procedure when changing nappies

- At all times children being changed must be treated with dignity and respect.
- Keep essential items such as **0.1% sanitising solution**, disposal nappy/cloth nappy and nappy liners and gloves within easy reach for you but out of the reach of the child.
- **Sanitise** and dry off the change mat before use, unless you are certain it has been **recently sanitised**.
- Always make sure that your hands are clean and dry before changing a child. Use liquid soap and paper towel to dry hands.
- Help the child climb up the nappy bench onto the change mat. Stay with the child at all times - do not turn away or become distracted as the child could fall.
- For full time children with cloth nappy permission, use cloth nappy/ training pants for their 2nd and 3rd nappy change. (*The nappy change in the afternoon before 3pm is back to disposable /home nappy*). All other children use the disposal nappy provided from home.
- Always wear latex gloves when changing nappies. Put on gloves before removing the child's clothing.
- Place soiled/wet nappy and wipes in the nappy disposal bin. (*All **faeces** that can be flushed needs to be flushed before disposing nappy*)
- The cloth nappy goes in the cloth nappy bucket with lid on. Cloth nappies are prepared for washing at the same time (*Velcro tabbed in, insert pulled out, liner disposed, **faeces** flushed and nappy rinsed if necessary*)
- Use disposable paper towels and **sanitise** the area once the child has been changed. Paper towels get thrown in the composting bin.
- Remove and dispose gloves carefully in the nappy bin.
- Wash your hands and supervise the child's hand washing after nappy change. Use liquid soap and disposable towels.

Date reviewed: December 2018

Signed: _____ (CM)

