



17 June 2021

Elodie Green

Via email to: fyi-request-15258-b620e493@requests.fyi.org.nz

Dear Ms Green

Request for Official Information – Waikato DHB Mental Health Service Use

Thank you for your email of 23 April requesting the above information. Please accept my apologies for the delay in response. You will no doubt be aware of the cyber-attack experienced by Waikato DHB. This has affected significantly our ability to access email and data and resulted in a number of delays in our normal administrative activities.

Your request specifically related to the following detailed information:

For Community Mental Health; Child and adolescent mental health; and Mental Health Crisis response:

- Number of distinct new entries/cases per month, by age group (five year bands if possible), 2015 – 2020 calendar year
- Number of total new entries/cases per month, by age group (five year bands), 2015 – 2020 calendar year
- Number of distinct cases open at month end, by age group (five year bands), 2015 – 2020 calendar year
- Number of distinct exits per month, by age group (five year bands if possible), 2015 – 2020 calendar year
- Number of total new exits per month, by age group (five year bands), 2015 – 2020 calendar year

For the DHB:

- Number of hospitalisations for mental health per year, by age group (five year bands), 2015 – 2020 calendar year
- Number of people waitlisted to see a psychologist per year, by age group (five year bands), 2015 – 2020 calendar year
- Number of people seeing a psychologist, per year, by age group (five year bands), 2015 – 2020 calendar year
- Number of psychologists employed by the DHB at year end (split by part time, full time, contracted) by year, 2015 – 2020 calendar year

The information you have requested is detailed and extensive. We have collated and provided the information in the format we believe is most helpful to respond to your questions.

It may be also be of assistance to clarify the types of mental health services provided by Waikato DHB.

Waikato DHB mental health and addictions services provides crisis, acute inpatient and community services to adults and older persons across the Waikato DHB region. Community alcohol and drug services are provided, with access to inpatient services on a planned basis. Infant, child and adolescent mental health services are provided in the community, with any inpatient admissions made to the Child and Family Unit (CFU) at Starship Hospital in Auckland.

In addition, Waikato DHB provides regional forensic psychiatric services (Puawai), serving the midland region.

Inpatient services for acute adult mental health and Puawai are housed within the Henry Rongomau Bennett Centre, on the Waikato Hospital campus. Inpatient services for mental health for older persons are housed in the Older Persons and Rehabilitation building at Waikato Hospital, co-locating them with other specialist older persons services.

The attached spreadsheet contains the information you have requested. This information does not include data relating to Puawai (The Midland Regional Forensic Psychiatry service) service users in either prison, or the community. Data on admissions to hospital services includes the Puawai information.

I hope this information is helpful. If you have any queries or questions, please do not hesitate to contact my office.

Yours sincerely



Christine Lowry
Executive Director – Hospital and Community Services
Waikato District Health Board



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