



Lakes District Health Board
Corner Arawa and Ranolf Streets (Pukeroa Street)
Private Bag 3023, Rotorua Mail Centre
Rotorua 3046, New Zealand

12 January 2022

Andrew McGregor

E mail: fyi-request-17710-041d40b1@requests.fyi.org.nz

Dear Andrew

Subject: Official Information Act request re: procedures and guidelines

Thank you for your request for information under the Official Information Act received by Lakes DHB on 9 December 2021. Please see the following answers to your questions.

1. "Please provide Guidelines/Procedures for the management of postoperative Urinary Retention (POUR)"

Guidelines are consistent with national and international reference as per uptodate.com and Hospital Health Pathways. Please see the attached document.

2. "Please provide Guidelines/procedure for the management/prevention of persistent Postsurgical Pain"

As per response in Q1.

3. "Please provide Guidelines/procedure in the treatment of patients after a suicide attempt and/or suicidal ideation"

1. Offer encouragement and give hope. Hopelessness has a high correlation with eventual suicide.
2. Work with the patient and their whānau or friends to:
 - manage the patient's care and safety, and discuss removing access to means, e.g. firearms. Provide contact details for Crisis Resolution.
 - write a safety plan.
 - identify protective factors (children, partner, parents, religion) and supports already in place, and any additional supports needed for: the patient and their whānau.
3. Arrange acute adult mental health assessment for all high and moderate risk cases. Be cautious on the side of safety until you are sure of the level of immediate risk.
4. Discourage use of alcohol and illicit substances as this increases impulsivity.
5. Follow guidelines for managing specific risk groups:
 - High risk
 - Moderate risk
 - Low risk
6. Arrange or start treatment for underlying mental health illness:
 - Monitor closely, irrespective of which antidepressant or medications are started, in case of any increase in suicidality.

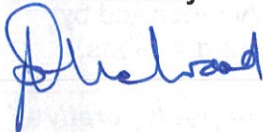
- Dispense only small quantities of medications to reduce the overdose risk.
 - Provide the patient with the e-therapy for depression and anxiety resource.
7. Consider financial support or Acute Demand, if patient is eligible.
 8. Write an action plan for the patient. Give phone number and information for Crisis Resolution.
 9. Arrange follow-up.

4. "Please provide Guidelines/procedure differentiating subtypes of primary (idiopathic) constipation"

As per response in Q1.

Please note we may publish this letter and enclosed documents (with your personal information removed) on Lakes DHB's website.

Yours sincerely



Nick Saville-Wood
Chief Executive

Cc: sectoroias@moh.govt.nz