24 January 2022

Andrew McGregor

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Dear Andrew

Official Information Act Requests

The Ministry of Health transferred four Official Information Act requests from you on 9 December 2021 seeking the following information:

 Please provide Guidelines/procedure differentiating subtypes of primary (idiopathic) constipation

Northland DHB has no specific guideline or procedure.

 Please provide Guidelines/procedure in the treatment of patients after a suicide attempt and/or suicidal ideation

Northland DHB does not have a guideline/procedure for treatment of patients post suicide attempt and/or suicidal ideation. Our clinicians undertake assessments for risk and complete risk management planning with clients and whānau to mitigate risks identified.

 Please provide Guidelines/procedure for the management/prevention of persistent Postsurgical Pain

There is no specific guideline or procedure that outlines the approach in treating uncontrolled post-operative pain. The focus is on identifying risk factors and managing these to prevent poor post-operative pain control. The team use a variety of tools, medications and approaches for this. Postoperative pain: IV opioid use in adults and Drug Protocol: Ketamine Infusion for Chronic Pain Management are attached.

 Please provide Guidelines/Procedures for the management of postoperative Urinary Retention (POUR)

There is no specific guideline or procedure. Attached is Northland DHB's Adult Urinary Catheterisation & Catheter Care Self Directed Learning Package and Trial Removal of Cather Care Plan.

Northland DHB supports the open disclosure of information to assist public understanding of how we deliver our services. This includes proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been provided to you. Personal or identifying information will be redacted from any response published online. If you consider there are good reasons why this response should not be publicly available we will consider your views.

If you have any queries about Northland DHB's response to your information request please contact me.

Yours sincerely

Dr Nick Chamberlain Chief Executive