

16 February 2022

**OIA Reference: OIA2021120902(b)**

Andrew McGregor

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Tēnā koe Andrew

### **Official Information Act 1982 (OIA) – 3DHB Response – OIA2021120902**

Thank you for your official information request regarding *guidelines and procedures for management and treatment of patients*, which was received by Hutt Valley (Hutt Valley DHB) and Capital & Coast (CCDHB) District Health Boards on 9 December 2021. You requested the following information:

- *Please provide Guidelines/procedure in the treatment of patients after a suicide attempt and/or suicidal ideation*

On 17 January 2022, we notified you that you could expect a response from us on or by 21 February 2022.

Please note that this part of the original request has been responded to separately as the information has been sourced from another branch of the organization. The Mental Health, Addictions and Intellectual Disability Service (MHAIDS) provides services to the 3DHBS (Wairarapa, Hutt Valley and Capital & Coast District Health Boards) and has responded on their behalf.

Our 3DHB response to your request is outlined below.

#### **Response**

- *Please provide Guidelines/procedure in the treatment of patients after a suicide attempt and/or suicidal ideation*

Ongoing risk assessment, formulation and management is an important part of the treatment of any person under the care of a mental health clinician. This is a core component of a clinician's practice, tertiary education and ongoing training.

The service has a dedicated crisis team that specialises in the timely assessment and intervention for people experiencing a mental health crisis. The service works in partnership with other service providers and ensures that crisis support is available 24/7.

Each person is treated on an individual basis and receives individualised support that is appropriate for their needs.

Our clinical staff refer to the following national guidelines that are publically available on the Ministry of Health website.

Assessment and management of people at risk of suicide

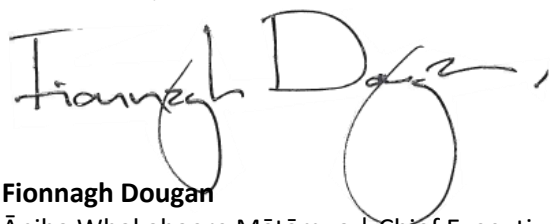
<https://www.health.govt.nz/publication/assessment-and-management-people-risk-suicide>

Preventing suicide: Guidance for emergency departments

<https://www.health.govt.nz/publication/preventing-suicide-guidance-emergency-departments>

I trust this information fulfils your request. You have the right, under section 28 of the OIA, to seek an investigation and review by the Ombudsman of this decision. Information about how to make a complaint is available at [www.ombudsman.parliament.nz](http://www.ombudsman.parliament.nz) or you can free phone 0800 802 602.

Nāku ite noa, nā

A handwritten signature in black ink, appearing to read 'Fionnagh Dougan', with a large, stylized 'D' and a flourish at the end.

**Fionnagh Dougan**

Āpiha Whakahaere Mātāmua | Chief Executive

Ūpoko ki te uru Hauora | Capital & Coast and Hutt Valley District Health Boards