

From: [Spoc](#)
To: 9(2)(a) [@auckland.ac.nz](mailto:9(2)(a)@auckland.ac.nz); Out of Scope
Cc: [Spoc](#)
Subject: Universities: Please note updated guidance
Date: Monday, 21 March 2022 9:58:56 am

Kia ora

We are notifying you today of updated guidance.

The Ministry of Health has recently updated its guidance for Household contacts to provide clarity on when contacts should isolate. For households with COVID-19, the Ministry of Health recommends the following guidance be applied:

- If someone becomes a confirmed COVID-19 Case, then that Case (Case A) and all other people in their household (i.e. Case A's Household Contacts, except any Household Contact who has been a confirmed Covid-19 case and completed a period of self-isolation in the previous 3 months) must isolate for 7 days
- If someone else in the household tests positive for COVID-19:
 1. during the initial 7-day isolation period, then that person must isolate for an additional 7 days, but other Household Contacts are still able to leave isolation on day 8 of Case A's isolation period (provided they have not returned a positive RAT during their isolation),
 2. within 10 days of Case A's release from isolation, then the expectation is that other Household Contacts do not need to re-isolate (though the person who tested positive does need to isolate for 7 days as they are now a confirmed Case).
 3. later than 10 days after Case A's release from isolation, then the expectation is that other Household Contacts re-isolate along with the new Case for 7 days (Case A, and anyone else in the house who has already recovered from COVID-19, is not considered a Household Contact for 90 days following their recovery, and therefore is not required to isolate).

A tertiary bulletin will likely go out early this week covering this also.

We have your contact information as our main and secondary covid contact, but please forward this on to any other parties in your organisation that needs to know.

Kind regards

9(2)(a) and the TEC SPOC team.