

From: [Redacted]
To: [Nikki Hart](#)
Subject: RE: Reference articles for the Oat Milk / Sustainability segment Friday 9th
Date: Thursday, 8 February 2024 12:43:00 pm

Thank you! See you tomorrow

[Redacted]
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From: Nikki Hart [Redacted]
Sent: Thursday, 8 February 2024 12:37 pm
To: [Redacted] <[\[Redacted\]@tvnz.co.nz](mailto:[Redacted]@tvnz.co.nz)>
Subject: Reference articles for the Oat Milk / Sustainability segment Friday 9th

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The two influential sustainability reports that started the change in population thoughts on diet and started to influence countries nutrition policy are:

Eat Lancet

Global Burden of Disease

However, as with all major documents there are potential problems with statistical modelling - so the most recent paper (listed below) has stated that the substandard metrics need to be acknowledged because large reductions in animal source foods being put into policy by countries may not be justified.

I how this gives frame work to the bigger topic at play ... its not as simple as Oat milk

Kind regards

Nikki Hart

MSc Nutrition (Hons), PG Dip Dietetics

NZ Reg Nutritionist

