## Division 2

## Problem Gambling Research Services (Research Services) Specification

## Services

You will deliver the Services and perform the measures set out below for the Effectiveness of Face-to-Face Problem Gambling Interventions Clinical Trial ("the Clinical Trial"). This will be a single blind pragmatic randomised clinical trial of two interventions with and without the addition of text-messages, and with a three- and 12-month assessment. A prospective follow-up assessment will be conducted at 24 months.

The trial interventions are: 1. face-to-face cognitive behavioural therapy with flexible cognitive restructuring and graded imaginal and live cue exposure 2. face-to-face motivational interviewing plus a cognitive behavioural self-instructional workbook.

Output One: Project planning, Approvals, Safety

Performance measures Service description 1.1 1.2 Approvals, Consent, and Privacy AUT will provide the Ministry with written AUT will seek and obtain the appropriate ethics, confirmation of ethical approvals where they are locality or organisational approvals for the Clinical indicated and required by 31 July 2015. AUT will keep the Ministry informed in a timely manner of any ethical issues or significant project risks that arise in the progress of the Clinical Trial. AUT will obtain informed consent from all The project plan (1.1) will include a description of participants in the Clinical Trial the procedures used by AUT to recruit participants, obtain informed consent, and to safeguard AUT will use appropriate procedures to safeguard confidentiality and privacy. the confidentiality and privacy of all participants' data and information in the Clinical Trial.





AUT will implement procedures, approved by the Ethics Committee, to ensure the ongoing safety of all participants in the clinical trial. AUT will deliver evidence of these procedures to the Ministry along
with the Ethics Committee Approval letter.







