

30 April 2024

Simon Tegg  
Via email: [fyi-request-26280-2cb1a07d@requests.fyi.org.nz](mailto:fyi-request-26280-2cb1a07d@requests.fyi.org.nz)

Tēnā koe Simon

### **Request for information: Hormonal treatment data**

Thank you for your request dated 1 April 2024 under the Official Information Act 1982 (OIA).  
You requested:

*I request incidence and prevalence data on the number of individuals <18 years old dispensed hormone treatments.*

*For NHI sexes: "female" "male" "other" and "unknown":*

*1. Incidence (number of individuals to whom drug was newly dispensed in a calendar year who were not dispensed to in the previous calendar year):*

- Testosterone*
- Oestrogen*
- Antiandrogens (Spironolactone, Cyproterone) By sex, calendar year 2006 through 2023, and specific age at dispensing 0, 1, 2,...15, 16, 17.*

*2. Prevalence (number individuals dispensed to in the calendar year) as above.*

In the excel spreadsheet attached you will find:

- Total number of unique patients (prevalence) from calendar years 2006 to 2023, by gender (female, male, other, unknown) for cyproterone, spironolactone, oestrogen, and testosterone
- Number of unique patients (prevalence) each calendar year from 2006 to 2023, by gender (female, male, other, unknown) for cyproterone, spironolactone, oestrogen, and testosterone
- Number of individuals to whom drug was newly dispensed in a calendar year who were not dispensed to in the previous calendar year (incidence) by gender (female, male, other, unknown), calendar year and age
- Number individuals dispensed to in the calendar year (prevalence) by gender (female, male, other, unknown), calendar year and age

The information provided is only dispensing data, Pharmac does not hold data on the health conditions a particular medicine/s were prescribed for.

Provided is the NHI sexes: female, male, other and unknown. Please note that the NHI does not capture sex ('assigned at birth' or 'natal sex'), instead it only captures gender ('gender identity', relates to an individual's experience of their own gender). This can be updated by an individual by asking their regular health professional to update the National Health Index ("NHI") with this information.

If you would like more information on this please contact Te Whatu Ora as they are responsible for [NHI records](#).

Where 6 or fewer people are counted, we have changed the number to "≤6" as we believe this is necessary to protect the privacy of these people (section 9(2)(a) of the OIA).

In making our decision, we have considered the public interest considerations in section 9(1) of the Act. No public interest has been identified that would be sufficient to override the reasons for withholding that information.

We trust that this information answers your queries. Please note, you have the right to make a complaint to the Ombudsman about our response to your OIA, under section 28(3) of the OIA. Details of [how to make a complaint](#) are on the Ombudsman's website.

To make information more freely available, we publish selected OIA responses (excluding personal details) on our website. Please get in touch with us if you have any questions about this.

Nāku noa, nā



Oliver Whitehead  
Team Leader, Government Services