

Ilana Andrews

From: Alex Parmley
Sent: Tuesday, 2 July 2024 11:50 am
To: Diana Sarfati
Subject: Fluoride and an educative approach
Attachments: 404141910_7595280410485980_5834971045737274750_n.jpg; 448713561_10161195925702279_8384230436108400264_n.jpg; 449142000_10159661889606277_2727959535400220789_n.jpg; 449646252_10161224914512279_6660551625598671973_n.jpg; Waitaki Fluoride Free Newsletter June 30 2024.pdf; Fluoride and hospitality businesses 20240701.jpg

Dear Dr Sarfati

Further to my email of last week, I thought it would be useful to share some of the misinformation on fluoride being put to the Waitaki community by an increasingly vocal and organised group. As Waitaki District Council does not have a policy position on fluoride, the Council has not been advocating either way for or against, but instead, providing factual responses to frequently asked questions. <https://www.waitaki.govt.nz/Services/Water-and-wastewater/Fluoridation-Requirement#:~:text=Directive%20to%20add%20fluoride&text=In%20accordance%20with%20the%20Act,to%20house%20the%20necessary%20equipment>.

As you will see from the attached, there is considerable misrepresentation of Supreme and High Court decisions (as attached), together with approaches that appear to be scaremongering. **Section 7 (2)(a) LGOIMA where withholding is necessary to 'protect the privacy of natural persons'**

We know that the fluoride free movement will be making an increased social media effort this month. Below are a couple examples from the two leaders of the anti-fluoride campaign, [REDACTED] which make many false claims and claims based on unsound research studies, for example that the cancer death rate in fluoridated areas is 10% higher than unfluoridated: <https://www.facebook.com/1223122461/videos/998657451408400/>

[REDACTED]: [Oamaru Resident And FFNZ Coordinator: On Waitaki's Local Council Water Fluoridation Decision And The Community Pushback - Reality Check Radio](#)

We are facing a wave of misinformation that given my Council's policy position, I am unable to counter or balance out with information from reputable research. I am concerned that support for this group is growing significantly in the absence of alternative information and promotion that would enable a balanced and informed debate. Your legal representative told the High Court that you planned to take an educative approach ahead of enforcement. Whilst I understand this is planned to be directed at councils, there is a real need to undertake education and information sharing within the communities of the councils who have received the direction to fluoridate.

I ask that therefore you urgently consider an education and information campaign to be deployed at the earliest opportunity in the districts of the councils in receipt of a directive to fluoridate.

Nāku iti noa, nā

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Chief Executive

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Waitaki

DISTRICT COUNCIL

TE KAUNIHERA Ā ROHE O WAITAKI



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FLUORIDE AND YOUR HOSPITALITY BUSINESS

Café's, Restaurants, Coffee Shops

- **WHAT DO YOU KNOW ABOUT FLUORIDE?**
- **WHAT ARE MY FOOD SAFETY RESPONSIBILITIES?**
- **HOW DO I MITIGATE THE POTENTIAL IMPACT ON MY BUSINESS?**
- **MY PUBLIC LIABILITY INSURANCE?**

As a 'seller' of water based products – tea, coffee, any food product where water is used for processing your end product, it is your obligation to ensure the safety of those food items you sell.

Soon, the water supply in Oamaru and other localities, will have fluoride added.

How are you going to overcome this issue – reticulated water is used in so many areas of food processing, handling, plus the water based items for direct consumption?

Fluoride has known health side effects and long term health conditions – does your Insurers' Public Liability Insurance cover you in the event of a claim where you have knowingly supplied a food item with known serious health side effects?

Some people in this community with health conditions, may perhaps be unable continue to purchase food and drinks from outlets that can't provide a safe product that does not include fluoride.

There are also those regular café visitors for their coffee and refreshments, who will perhaps forgo this experience completely. This local industry certainly does not need to contract further in these times.

It might be prudent to approach the Waitaki District Council, and get written assurance that in the event of such a claim being made of you and your hospitality business, WDC will take full responsibility for any claim.

You should also request from The Mayor Gary Kircher and CEO Alex Parmley, a written guarantee that they will take full **personal** responsibility and liability for any claims of health risk, damage or injury to personal health, for any of the presently known health risks of fluoride, and any future risks and damage to health by the introduction of fluoride to the Oamaru Water Supply. This guarantee should also apply, even when they have left their WDC employment.

PUT THIS IN YOUR WATER



IT'S GOOD FOR YOUR TEETH

Fluoride
FREE
Awareness
month –
JULY



**Fluoride
Free NZ**

www.fluoridefree.org.nz



PROTEST MARCH

Against Director-General's

FORCED WATER FLUORIDATION

**Starts 12pm Tuesday 25 June
outside Scotts Brewery, 1 Wansbeck St**

**Finishing on Council Steps
with speeches approx 12:20pm**

There are now 10 U.S. Government-funded studies that show fluoride damages the brains of children exposed to fluoride at levels we will be exposed to. Just like lead.

Most of those studies found children exposed to fluoride in utero or through bottle feeding have lowered IQ. Others show children are more likely to suffer from anxiety, depression or ADHD. Babies bottle-fed fluoridated water get **200 times more fluoride** than breast-fed babies.

A major study from the U.K. found fluoridation caused many more people to have thyroid problems. Fluoride is also linked to arthritis, cancer and a whole host of other problems **because fluoride is a poison.**

We don't want it added to our water...

Bad weather postponement to the next day same time, Wed 26 June
Check Fluoride Free Waitaki's Facebook page or Ph: 021 0837 8989

Bill of Rights & local democracy ignored

In 2018 the N.Z. Supreme Court ruled fluoridation was a compulsory medical treatment that violates Section 11 of the Bill of Rights – our right to refuse to undergo medical treatment.

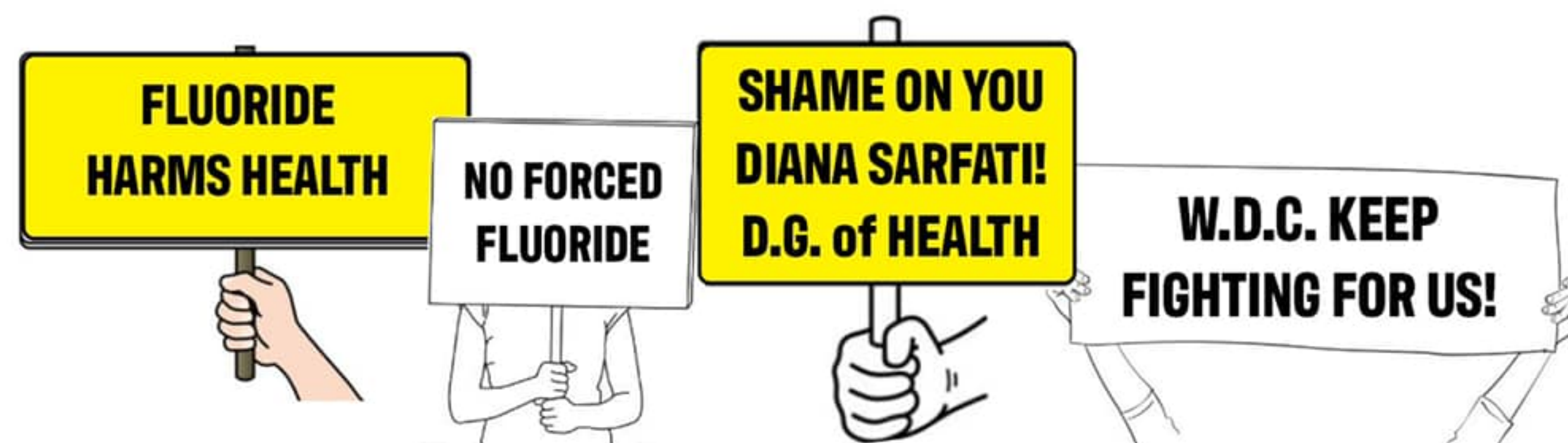
The judges did not agree on whether or not this was “*demonstrably justifiable in a free and democratic society*” under section 5 of the Act.

In November 2023 the High Court confirmed that, to mandate water fluoridation anywhere, the Director-General of Health (DG) must address section 5.

The DG hasn't done this Bill of Rights Act analysis – or even given a timeframe for when it will be done.

Our council asked to delay adding the chemicals in the meantime, given the strong local opposition to it, and the legal uncertainty. But the DG rejected the request and threatened convictions and massive fines if they don't comply. As a result, the industrial waste product, hydrofluorosilicic acid, is set to be added to our water by **30 June 2024.**

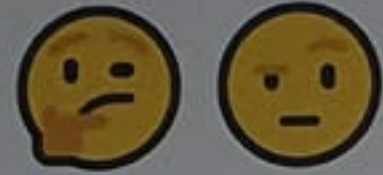
Mayor Kircher has agreed to speak to the protest when we reach the council steps and there will be other speakers too. Come and show the government how outraged we are!



Please spread the word! Bring friends & family. Bring signs.

For full references and more info go to fluoridefree.org.nz

Did YOU Know?!?



THE WAITAKI DISTRICT COUNCIL

&

THE NEW ZEALAND CENTRAL GOVERNMENT

Are planning to add the highly

neurotoxic poison

Hydrofluorosilicic

Acid into OUR PUBLIC

water supplies!!!



Scan QR code & join us on Facebook for more information.



- **Fluoride does not work by swallowing.**
Ingestion of fluoride has little benefit, but many risks: Risk to the brain. Risk to the thyroid gland. Risk to bones. Risk for bone cancer. Risk to kidney patients. Enzyme disruptor. Fluoride works topically to help tooth enamel. "For many years it was believed that [fluoride] worked systemically. It is now generally accepted that it works topically" - Judge Hansen, High court, New Plymouth 2014
- **Too much fluoride causes Dental fluorosis.**
MoH. says 40% of children in NZ have some form of dental fluorosis i.e. fluoride poisoning. NZ research into dental health and lifetime fluoride exposure has found twice the rate of dental fluorosis in fluoridated vs non-fluoridated areas. Obviously fluoride needs to be urgently reduced, not extended.
- **Fluoride is a neurotoxin.**
Studies show that fluoride's damaging effects include: lowered IQ, behavioral deficits, nervous disorders, and memory disruption.
- **Dose cannot be guaranteed as safe.**
We know nothing about individual susceptibility. We do know that fluoride's affect on the brain could occur as low as 2.7ppm. This leaves a very small margin of safety.
- **Fluoride accumulates in our bones and soft tissue.**
Long exposure to Fluoridated water can lead to developing skeletal fluorosis. The first stage of skeletal fluorosis is identical to arthritis. 2-8 mg/day over time is considered to be the dose likely to cause this. Long term exposure has also been linked with calcification of the pineal gland in your brain.
- **Fluoride is an endocrine disruptor.**
Fluoride Science has found that extremely low levels of fluoride affect the human thyroid (as low as 0.01mg/kg/day) Many New Zealanders will be exceeding this dose.
- **Bottle-fed babies receive very dangerous amounts of fluoride.**
Human breast milk contains almost no fluoride, New Zealand fluoridated water is normally 0.85ppm which is 212 times more fluoride than breast milk. Any reasonable person can see it is utterly reckless to give this dose to bottle fed babies.
- **Fluoridation chemicals are hazardous waste products.**
Fluoridation chemicals are scrubbed from chimneys of the phosphate fertiliser industry. They contain contaminants such as lead, arsenic, mercury and sometimes uranium.
- **Fluoridation is a violation of the right to informed consent to medical treatment.**
The fact that the Government introduced Legislation to exempt fluoride chemicals from the Medicines Act if they are added to the drinking water, does NOT change the fact that fluoridation chemicals are being used to treat people for a medical condition. All it does is show that the government can do whatever it likes by introducing laws whenever it feels like it, no matter how nonsensical that law is.
- **Less than 5% of the world is still fluoridating water supplies.**
98% of Europe does not have water fluoridation. Their teeth are just as good if not better than ours. China and Japan have banned fluoridation. China, India and Senegal actively remove naturally occurring fluoride from their water supplies that exceed 0.99ppm.
- **Systemic fluoridation of water supplies does not reduce dental decay.**
All data received from NZ District Health Boards on the severity of tooth decay are the same, if not more prevalent, in children in fluoridated areas vs non-fluoridated areas.
- **Other countries have successful public dental health policies without fluoridation.**
We should have targeted programmes which include tooth brushing in schools and pre-schools, education for parents and children, and ensuring all children are seen every 6-12 months by a dental professional.
- **Due to other sources, many people are being over-exposed to fluoride.**

Scan QR code & join us on Facebook for more information.



Waitaki Fluoride Free Newsletter - 30 June 2024

Hi all,

A crazy few days for sure!! Hope you are all doing OK.

Ups and downs this week, but overall a huge turning point in the battle against water fluoridation!

Section 7 (2)(a) LGOIMA where withholding is necessary to
'protect the privacy of natural persons'

Protest March against the DG of Health's Forced Water Fluoridation.

We did it! An epic march, gathering at the Council steps, and speeches. So many of you did amazing things to make this happen! There are many links off our Facebook page including this link to  [playlist of 7 protest march videos on youtube](#)

Waitaki App's [Fighting Fluoride - A protest in pictures](#)

The front page article from this week's Oamaru Mail.

One of the several posts with photos from our Facebook page [here](#)

Well done everyone, that was a massive effort in a short time - what a team!!! Mayor Kircher's speech did not show the leadership that we had hoped for but things weren't over yet.....

High Court Decision

Hot on the heels of the protest, we learned that the DGH's lawyer has had to admit that there won't be any prosecutions against Councils for not complying with her illegal directive any time soon. The Bill of Rights analysis still hasn't been done. There is another hearing on 9th August and there could be further developments after that but any prosecution would not come out of the blue - it would be threatened first, then there would be time to seek an order from the Court to stop the prosecution until the overall judicial review is done. Is it "demonstrably justifiable in a free and democratic society" to force these councils to fluoridate?

Council was inundated with phone calls and letters urging them to put the fluoridation plans on hold - great job!!!

Fluoride Free NZ's press release explained how the [Director-General of Health's threats mislead councils](#). The empty threat of massive fines tricked councils into making decisions they wouldn't have otherwise made. This was quickly picked up and reported on by Reality Check Radio.

And then the bombshell...

Waitaki Council's Response

[Council response to High Court judgment on fluoridation](#) Council previously had been all about avoiding fines. Now that we won't even face fines or prosecution though, Council say they still must obey the law (the directive that is - not the NZ Bill of Rights Act or the Local Government Act or the laws of morality!)

We don't know yet if fluoride is in the water. We will ask the Council on Monday.

But don't give up hope!

Several of our emails received a response from Mayor Kircher along the lines of 'The latest legal decision doesn't say that there are no consequences. We have asked management to seek clarification of the situation so we can better understand the options available to us. Once we have that information, we can advise our community what Council needs to do.'

Whangarei Councillors speak out against Fluoridation.

This 2 minute video snippet from the 27th June Whangarei Council meeting shows what a rights and toxicity-conscious council sounds like. "There is a ripple in this country and I'm hoping it will become a wave." Determined words from Whangarei councillors Benny, Halse and Olsen to keep fluoridation chemicals out of the water supply. Watch [here](#)

Our job now...We show everyone why this battle is worth fighting - and we get into action!

Some of our representatives have arranged a meeting with Mayor Kircher on Wednesday. We are going to make the most of this opportunity, and will let you know what happens. We will also seek to speak at the next Council meeting on 30 July and petition them to hold off on fluoridation, given there are no longer the fines over our heads that we thought there were.

We need to get all of Waitaki talking about this and getting schooled up on fluoride harms. There is all sorts of action planned!

Picketing outside Council Building this coming Tuesday 12-1pm. A peaceful sign holding action - chat with each other to make plans, chat to the public. We will have petitions to sign and flyers to hand out. Signs available, or bring one if you have it. Caelan has some great suggestions for how we should conduct ourselves during picketing- see this link:

<https://www.facebook.com/share/avTFbZYWuenGEVLx/?mibextid=WC7FNe>

Fluoride Free Information Session next Saturday 6th July 4pm-5pm,

An evidence based Q&A session with long established [REDACTED] BDS, and a screening of NZ documentary 'Fluoride on the Brain.'

Venue: Reach Church, 17 College St, Oamaru. We will get official flyers out about this soon to share and we plan to advertise in the Oamaru Mail and Telegram.

July is Fluoride Free Awareness Month - a social media blitz to send a tsunami of tweets and posts all around NZ. People commit to sending one every day, to raise public awareness of fluoride harms. Let's help get NZ to that tipping point where our culture accepts that fluoridation is wrong. We will get all the details out about this soon. Watch this space. It took a long time with lead... but it did happen. We will get there with fluoride too.

Section 7 (2)(a) LGOIMA where withholding is necessary to 'protect the privacy of natural persons'

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Facebook Live Streams - The people's stories

██████████ will host live chats with local people to be streamed on our Facebook page, (time and day to be advised) and will be able to be replayed. We invite you to tell us your stories, stories of fluoride harms, why this issue is important to you - real stories from real people, not just scientific statistics. If you are interested or know someone who would be great, please let me know.

What else can you help with?

We are growing in numbers and we would love your expertise and help!

Please get in touch if you have time, skills or resources in areas such as: media, press releases, Facebook expertise and moderation, graphic design, printing, advertising, mail drops, live events, sound and electronics, digital skills, administration... All suggestions are welcome!

Mail Drop volunteers

We will do a flyer drop this week for Saturday's Fluoride Information Session. Anyone who is keen to hit the streets Monday - Friday, please let me know!

That's all for now folks, but I will be in touch again real soon. In the meantime, keep an eye on [our Facebook page](#) and please share this email!

Many thanks!

██████████
on behalf of all the amazing supporters and helpers at Fluoride Free Waitaki
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