



Southern District Health Board
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Chief Executive Officer
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27 October 2017

Health Sector Workers Network
Email : fyi-request-6420-7b8c6fe7@requests.fyi.org.nz

Dear Health Sector Workers Network

Re: Official Information Act Request

I refer to your Official Information Act request received by email on 28 September 2017 in which you specifically requested the following:

Are you able to clarify the data around the 'instances' of use of mechanical restraint (or physical restraint by SDHB's definition)? For example, type of physical restraint and duration. According to SDHB policy, this data should be available in the Restraint Register (housed in Safety 1st). This should document the start and finish times of physical restraints and the type of restraints used. Obviously the presentation of this data should be anonymised for the protection of privacy.

Regarding the 69 instances reported, it should be noted that 6 of these instances have two restraint types used (both wrist and ankle restraints), therefore the table provided shows a total of 75 entries. The data is incomplete, due to the finish times for many of these restraints not being entered into the system. (See attached "Restraints OIA.pdf").

The OIA request was for "all policy documents" on the use of mechanical restraints. Could you also provide the "Use of Recommended Mechanical Restraint Methods Guideline" policy document? This policy is referenced in the Restraint Minimisation and Safe Practice Procedure document provided.

MIDAS 58612 – this document is provided as requested. Please note it is currently being reviewed as part of our document management processes. (See attached "Use of recommended restraints.pdf").

You have the right to seek an investigation and review of our decision by the Ombudsman. The Ombudsman's Office can be contacted on 0800 802 602 or on-line at <http://www.ombudsman.parliament.nz/>.

Yours sincerely

A handwritten signature in blue ink, appearing to read "Chris Fleming".

Chris Fleming
Chief Executive Officer

Enclosed: *Restraints OIA.pdf*
Use of recommended restraints.pdf