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Health Sector Workers Network

Email: fyi-request-6981-30ed95b2@requests.fyi.org.nz;

Dear Health Sector Workers Network

RE Official information request CDHB 9758

I refer to your email dated 11 December 2017, requesting the following information under section 12 of the Official Information Act pertaining to Canterbury DHB Restraint Policy and the use of mechanical restraints in all services.

Can you please provide?

- 1. All policy documents relating to restraint practices at Canterbury DHB?**
- 2. Are there instances in the last year (June 2016 to June 2017) of the use of mechanical restraints? (i.e. strapping arms to bed) this is also referred to as physical restraint.**
- 3. Can you please provide this data for both physical and mental health services and identify the service associated with this data?**

This data should be recorded in a Restraint Register and specify the type of restraint used (ie wrist strap) and the start and finish times of each individual physical restraint. Obviously the presentation of this data should be anonymised for the protection of privacy.

The Canterbury DHB Restraint Minimisation and Safe Practice policy is available on our internet site.
<http://www.cdhb.health.nz/Hospitals-Services/Health-Professionals/CDHB-Policies/Clinical-Manual/Documents/4631-Restraint-Minimisation.pdf>

The Canterbury DHB has an active Multi-disciplinary Restraint Approval Monitoring Group that meets on a monthly basis. RAMG approves personal, physical and environmental restraints for specific service areas.

An interactive tool has been developed for staff on the intranet to outline the procedures for approved restraints.

Canterbury DHB does not have a Restraint Type: Mechanical Restraint. The Health & Disability Services Standards for Restraint Minimisation & Safe Practice NZS 8134:.2:2008 refers to Physical Restraint only. The information below relates to this type of restraint, physical restraint.

A Soft Limb Restraint is approved for Canterbury DHB Christchurch Campus, for use as a last resort, for those consumers who are at risk of removing essential medical devices e.g. breathing tubes etc.

Restraint Type - Physical



Associated Procedures and Guidelines outline indications for use, potential risks for use, monitoring requirements, and patient care.

Canterbury DHB

Table one: CDHB Physical Restraint (Limb Holding) as approved

Approved Physical Restraint Soft Limb	Restraint Minimisation + safe practice (RMASP) Policy <i>See Appendix 1 Document 1 Page 1</i>	Approved Christchurch Campus – Medical / Surgical Division only Soft Limb Restraint Policy <i>See Appendix 1 Document 10 page 25</i>
Incident Reporting System (Safety 1 st) Data for Physical Restraints – 1/06/2016 – 31/5/2017 - (soft limb restraints)		Only approved for Christchurch Campus Physical Restraint Soft Limb Restraint (<i>Please refer to Table two (below)</i>)
Restraint Minimisation & Safe Practice Policy document is currently under review to include Transalpine Approach with WCDHB and CDHB. RMASP Policy - Restraint Minimisation <i>See Appendix 1 Document 11 page 30</i>		

Table two: Physical restraint limb holding interventions only 1 June 2016 – 31 May 2017.

1 June 2016 to 31 May 2017	Christchurch Hospital Campus
Physical Restraints Limb Holding Interventions Only	Soft Limb Restraint Approved
June 2016	5
July	5

1 June 2016 to 31 May 2017	Christchurch Hospital Campus
Physical Restraints Limb Holding Interventions Only	Soft Limb Restraint Approved
August	4
September	1
October	0
November	0
December	1
January 2017	1
February	1
March	2
April	1
May	1

Please note:

There were 13 patients in total for the 22 limb holding Restraint Events reported. 11 of the Restraint events were for two patients. The approved Soft Limb Restraint item is utilised for the minimum time necessary, however on occasions it is required at repeated intervals, within a 24 hour shift. These events are recorded for that 24 hour shift as one event, the total time for the individual events are accumulated providing the total time for the 24 hour period. Each of these events total time, shown on the data report, covers all events within the 24 hour period.

Nil events of Physical Restraints occurred, June 2016 to June 2017, of Limb Holding Interventions for:

1. Burwood Hospital – Older Persons Health and Rehabilitation Services (including Older Persons Mental Health)
2. Ashburton & Rural Hospitals (including –
 - a. Tuarangi,
 - b. Chatham Islands
 - c. Kaikoura
 - d. Oxford
 - e. Ellesmere
 - f. Waikari
 - g. Darfield
 - h. Akaroa
3. Specialist Mental Health Services.

Please find attached as **Appendix 1** the Canterbury DHB restraint policies.

I trust that this satisfies your interest in this matter.

Yours sincerely



Carolyn Gullery
General Manager
Planning, Funding & Decision Support