

19 Dec 2017

OIA Ref number 2017/268

Health Sector Workers Network
Email: fyi-request-6983-b312faf6@requests.fyi.org.nz

Official Information Act Request – Our Reference 2017/268

Dear Health Sector Workers Network,

Thank you for your email of the 11/12/2017 requesting:

- 1. Can you please provide all policy documents relating to restraint practices at Capital and Coast DHB?**

CCDHB's current 'Restraint Minimisation and Safe Practice' policy is attached to this email.

- 2. Are there instances in the last year (June 2016 to June 2017) of the use of mechanical restraints? (i.e. strapping arms to bed) this is also referred to as physical restraint. Can you please provide this data for both physical and mental health services and identify the service associated with this data?**

This data should be recorded in a Restraint Register and specify the type of restraint used (ie wrist wrap) and the start and finish times of each individual mechanical/physical restraint. Obviously the presentation of this data should be anonymised for the protection of privacy.

There were 59 incidents documented in the reportable event system where use of physical restraint was documented for both physical and mental health services between 1 June 2016 and 1 June 2017

| Specific Restraint Incident Type (Physical Restraint Incidents) | Total |
|---|-----------|
| Not Specified | 16 |
| Enablers/Supportive Device | 7 |
| Enablers/Supportive Device; Personal Restraint (Use of Body Contact) | 1 |
| Environmental (Contained Environment) | 1 |
| Environmental (Contained Environment); Personal Restraint (Use of Body Contact) | 3 |
| Mechanical Restraint (Use of Appliance) | 5 |
| Personal Restraint (Use of Body Contact) | 23 |
| Personal Restraint (Use of Body Contact); Rapid Sedation - ED only | 2 |
| Personal Restraint (Use of Body Contact); Rapid Sedation (Pharmacological Intervention) | 1 |
| Grand Total | 59 |

The use of mechanical restraint, that is, use of appliances, was only documented as being used 5 times. These 5 instances involved CCDHB Mental Health, Addictions & Intellectual Disability (MHAID) services.

Specific Restraint Incident Type
Mechanical Restraint (Use of Appliance)

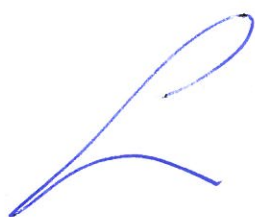
| Department | Total |
|---|----------|
| Haumitiketike (Adult Intellectual Disabilities Secure Unit) | 4 |
| Te Whare o Matairangi (Adult Acute Psychiatric Unit) | 1 |
| Grand Total | 5 |

The average length of time per Mechanical Restraint (Use of Appliance) event was 24 minutes.

| Event Date | Start to finish times |
|------------|-----------------------|
| 03/04/2017 | 0:35:00 |
| 05/04/2017 | 0:15:00 |
| 10/04/2017 | 0:21:00 |
| 12/11/2016 | 0:30:00 |
| 29/05/2017 | 0:20:00 |

You have a right to seek a review, under section 28(3) of the Official Information Act, by way of a complaint to the Ombudsman, about the information that has been provided to you.

Yours sincerely,



Caroline Tilah
Executive Director (Operations)
Quality Improvement and Patient Safety (QIPS) Directorate

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