

Sponsor: Clinical Board

Name: Restraint Minimisation & Safe Practice Committee

# TERMS OF REFERENCE:

## RESTRAINT MINIMISATION AND SAFE PRACTICE COMMITTEE

#### **PURPOSE:**

To ensure that Hauora Tairawhiti restraint practices comply with the requirements of New Zealand Standards NZS 8134.2:2008- Restraint Minimisation and Safe Practice.

#### **REPORTS TO:**

- Clinical Board
- Nurse Leaders Forum

## **MEMBERSHIP:**

- Clinical Care Manager Medical & Mental Health (Chair) Service Manager Acute Mental Health
- 2 x Clinical Nurse Manager/Manager
- 1 Quality Co-ordinator Team Representative (RN/Midwife)
- Te Poho o Maui Representative
- Coordinator for Education and Professional Development
- Mental Health Personal Restraint Co-ordinator
- Consumer Leader
- Medirest Assistant Manager
- Administrative Support
- Other employee's and Hauora Tairawhiti staff may be co-opted onto the committee from to time

## **MEETING SCHEDULE:**

Monthly or otherwise as agreed by Committee

## **SPECIFIC FUNCTIONS:**

- The RMSP Committee have the designated responsibility on behalf of Hauora Tairawhiti to coordinate appropriate restraint approval, training, use, compliance, evaluation and review.
- The group is responsible and accountable for ensuring the standard is met.
- Develop and review policies and procedures that comply with NZS 8134.2:2008- Restraint Minimisation and Safe Practice including the approval process prior to presenting to Clinical board.
- Ensure Implementation of approved restraint policies and procedures.
- Ensure audits occur, are monitored and action plans have been implemented.
- Regularly review the education requirements ensuring they meet the Standards (NZS 8134.2:2008)-Restraint Minimisation and Safe Practice).

Date of Approval: March 2016
Next Review Date: March 2019

Authorised by: Chairperson – RM&SPC

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